

YOGA

at the Olmsted Community Center

More days and times for the NEW YEAR!

*In addition to relaxation and relief from stress, yoga brings improved balance, strength and flexibility.
Please join us to begin or further your practice. Beginner friendly.*

Where:

Olmsted Community Center
Room: Fitness Studio
8170 Mapleway Drive
Olmsted Falls, Ohio

Dates:

NEW MORNING:

Mondays

Session #1: 1/9/12 -2/13/12

Time: 9:30-10:30 am

*(No class MLK day
1/16/12)*

Tuesdays

Session #1: 1/3/12 - 2/7/12

Time: 7:00-8:00pm

NEW NIGHT:

Thursdays

Session #1: 1/5/12-2/9/12

Time: 7:00-8:00pm

Cost:

\$10 per class

Prepay to save:

18 classes for \$108*

12 classes for \$84*

6 classes \$48*

Cash or check payable to
Serenity Yoga

*To reserve your space please contact **Serenity Yoga** at*

***serenity.yoga@live.com** or call/text **216.577.1267**.*

Please bring a mat or towel.

*Session #1 prepaid classes may be used for any Monday morning, or Tuesday/Thursday evening class from date of purchase through 2/13/2012.